



# Friday, June 24th

## Track Events

Time	Event	Standard
4:30 PM	400 Hurdles Boys' HS Open	Open
4:33 PM	400 Hurdles Boys' Emerging Elite	65.0
4:39 PM	400 Hurdles Boys' Freshman Championship	Open
4:45 PM	400 Hurdles Boys' Sophomore Championship	Open
4:51 PM	400 Hurdles Boys' HS Championship	57.5
4:54 PM	400 Hurdles Men's Elite	Club Championship Event
4:57 PM	400 Hurdles Girls' HS Open	Open
5:00 PM	400 Hurdles Girls' Emerging Elite	70.0
5:06 PM	400 Hurdles Girls' Freshman Championship	Open
5:12 PM	400 Hurdles Girls' Sophomore Championship	Open
5:18 PM	400 Hurdles Girls' HS Championship	67.0
5:21 PM	400 Hurdles Women's Elite	Club Championship Event
5:24 PM	800m Boys' Youth	
5:29 PM	800m Girls' Youth	
5:34 PM	800m Boys' HS Open	Open
5:49 PM	800m Girls' HS Open	Open
6:04 PM	800m Boys' HS Emerging Elite	2:06.0
6:20 PM	800m Girls' HS Emerging Elite	2:30.0
6:28 PM	800m Boys' HS Freshman Championship	Open
6:32 PM	800m Girls' HS Freshman Championship	Open
6:36 PM	800m Boys' HS Sophomore Championship	Open
6:40 PM	800m Girls' HS Sophomore Championship	Open
6:44 PM	800m Boys' HS Championship	1:57.55
6:54 PM	800m Girls' HS Championship	2:20.3
7:04 PM	800m Men's Elite	Club Championship Event
7:16 PM	800m Women's Elite	Club Championship Event
7:20 PM	800m Men's Open	Club Championship Event
7:32 PM	800m Women's Open	Club Championship Event
7:44 PM	800m Men's Master's Championship	
7:48 PM	800m Women's Master's Championship	
7:52 PM	5000m Boys' HS Championship	15:50
8:12 PM	5000m Girls' HS Championship	18:15



# Saturday, June 25th

## Track Events

Time	Event	Standard
10:00 AM	110m Hurdles Boys' Freshman Championship Trials	Open
10:06 AM	110m Hurdles Boys' Sophomore Championship Trials	Open
10:12 AM	110m Hurdles Boys' HS Championship Trials	15.41
10:21 AM	110m Hurdles Men's Elite Trials	Club Championship Event
10:30 AM	100m Hurdles Girls' Freshman Championship Trials	Open
10:36 AM	100m Hurdles Girls' Sophomore Championship Trials	Open
10:42 AM	100m Hurdles Girls' HS Championship Trials	15.80
10:51 AM	100m Hurdles Women's Elite Trials	Club Championship Event
11:00 AM	400m Boys' HS Open	Open
11:15 AM	400m Girls' HS Open	Open
11:30 AM	400m Boys' HS Emerging Elite	54.0
11:39 AM	400m Girls' HS Emerging Elite	64.0
11:48 AM	110m Hurdles Boys' Freshman	Championship Final
11:51 AM	110m Hurdles Boys' Sophomore	Championship Final
11:54 AM	110m Hurdles Boys' HS	Championship Final
11:57 AM	110m Hurdles Men's Elite Final	Club Championship Event
12:00 PM	100m Hurdles Girls' Freshman	Championship Final
12:03 PM	100m Hurdles Girls' Sophomore	Championship Final
12:06 PM	100m Hurdles Girls' HS	Championship Final
12:09 PM	100m Hurdles Women's Elite Final	Club Championship Event
12:12 PM	100m Boys' HS Freshman Championship Trials	Open
12:21 PM	100m Girls' HS Freshman Championship Trials	Open
12:30 PM	100m Boys' HS Sophomore Championship Trials	Open
12:39 PM	100m Girls' HS Sophomore Championship Trials	Open
12:48 PM	100m Boys' HS Championship Trials	11.15
12:57 PM	100m Girls' HS Championship Trials	12.55
1:06 PM	100m Men's Elite Trials Club Championship Event	10.80
	100m Men's Open	Club Championship Event
1:21 PM	100m Women's Elite Trials Club Championship Event	12.30
	100m Women Open Club Championship Event	
1:27 PM	100m Men's Masters Championship Trials	
1:33 PM	100m Women's Masters Championship Trials	
1:39 PM	100m Boys' HS Freshman Championship Final	
1:42 PM	100m Girls' HS Freshman Championship Final	
1:45 PM	100m Boys' HS Sophomore Championship Final	
1:48 PM	100m Girls' HS Sophomore Championship Final	
1:51 PM	100m Boys' Youth	
2:03 PM	100m Girls' Youth	
2:15 PM	100m Boys' HS Open	
2:24 PM	100m Girls' HS Open	
2:33 PM	100m Boys' HS Emerging Elite	12.10
2:42 PM	100m Girls' HS Emerging Elite	13.10
2:51 PM	100m Boys' HS Championship Final	
2:54 PM	100m Girls' HS Championship Final	
2:57 PM	100m Men's Elite Final	Club Championship Event
3:00 PM	100m Women's Elite Final	Club Championship Event
3:03 PM	100m Men's Masters Championship Final	If less than 8 athletes, we'll run Final here
3:06 PM	100m Women's Masters Championship Final	If less than 8 athletes, we'll run Final here
3:09 PM	400m Boys' Youth	
3:21 PM	400m Girls' Youth	
3:33 PM	400m Boys' HS Freshman Championship	Open
3:39 PM	400m Girls' HS Freshman Championship	Open
3:45 PM	400m Boys' HS Sophomore Championship	Open
3:51 PM	400m Girls' HS Sophomore Championship	Open
3:57 PM	400m Boys' HS Championship	50.40
4:03 PM	400m Girls' HS Championship	59.70
4:09 PM	400m Men's Master's Championship	
4:12 PM	400m Women's Master's Championship	
4:15 PM	400m Men's Elite	Club Championship Event
	400m Men's Open	Club Championship Event
4:27 PM	400m Women's Elite	Club Championship Event
	400m Women's Open	Club Championship Event
4:33 PM	1600m Boys' HS Emerging Elite	4:43.0
4:47 PM	1600m Girls' HS Emerging Elite	5:35.0
5:01 PM	1600m Boys' HS Freshmen Championship	
5:09 PM	1600m Girls' HS Freshmen Championship	
5:17 PM	1600m Boys' HS Sophomore Championship	
5:25 PM	1600m Girls' HS Sophomore Championship	
5:33 PM	1600m Boys' HS Championship	4:20.0
5:49 PM	1600m Girls' HS Championship	5:06.0
6:05 PM	1500m Men's Elite Club Championship Event	4:00.0
6:19 PM	1500m Women's Elite Club Championship Event	4:45.0
6:26 PM	1500m Men's Open	Club Championship Event
6:47 PM	1500m Women's Open	Club Championship Event
7:01 PM	1500m Men's Master's Championship	
7:08 PM	1500m Women's Master's Championship	
7:15 PM	5000m Men's Elite Club Championship Event	15:00
7:35 PM	5000m Women's Elite Club Championship Event	17:30
8:00 PM	5000m HS Freshman, HS Sophomore, Open	



# Saturday, June 25th

## Field Events

Time	Event	Standard
11:00 AM	Pole Vault: Girls' HS Open	Open
	Pole Vault: Boys' HS Open to follow	Open
	Pole Vault: Boys' HS Championship to follow	12-6
	Pole Vault: Girls' HS Championship to follow	10-0
	Pole Vault: Men's Elite to follow	Club Championship Event
	Pole Vault: Women's Elite to follow	Club Championship Event
11:00 AM	Triple Jump: Boys' HS Championship	42-6
	Triple Jump: Boys' Emerging Elite to follow	39-1
	Triple Jump: Girls' HS Championship to follow	36-1
	Triple Jump: Girls' Emerging Elite to follow	33-1
	Triple Jump: Boys' Freshman Championship to follow	Open
	Triple Jump: Girls' Freshman Championship to follow	Open
	Triple Jump: Boys' Sophomore Championship to follow	Open
	Triple Jump: Girls' Sophomore Championship to follow	Open
	Triple Jump: Men's Elite to follow	Club Championship Event
Triple Jump: Women's Elite to follow	Club Championship Event	
11:00 AM	Shot Put: Boys' HS Open	Open
	Shot Put: Girls' HS Open to follow	Open
	Shot Put: Boys' HS Championship to follow	50-0
	Shot Put: Girls' HS Championship to follow	36-10
	Shot Put: Men's Elite to follow	Club Championship Event
	Shot Put: Women's Elite to follow	Club Championship Event
3:00 PM	High Jump: Boys' HS Open	Open
	High Jump: Girls' HS Open to follow	Open
	High Jump: Boys' HS Championship to follow	6-00
	High Jump: Girls' HS Championship to follow	5-00
	High Jump: Men's Elite to follow	Club Championship Event
	High Jump: Women's Elite to follow	Club Championship Event



# Sunday, June 26th

## Track Events

Time	Event	Standard
12:30 PM	200m Boys' HS Freshman Championship Trials	Open
12:39 PM	200m Girls' HS Freshman Championship Trials	Open
12:45 PM	200m Boys' HS Sophomore Championship Trials	Open
12:54 PM	200m Girls' HS Sophomore Championship Trials	Open
1:00 PM	200m Boys' HS Championship Trials	22.35
1:18 PM	200m Boys HS Emerging Elite	24.35
1:36 PM	200m Girls' HS Championship Trials	25.95
1:54 PM	200m Girls HS Emerging Elite	27.35
2:12 PM	200m Boys' HS Freshman Championship Final	Open
2:15 PM	200m Girls' HS Freshman Championship Final	Open
2:18 PM	200m Boys' HS Sophomore Championship Final	Open
2:21 PM	200m Girls' HS Sophomore Championship Final	Open
2:24 PM	200m Boys' HS Championship Final	
2:27 PM	200m Girls' HS Championship Final	
2:30 PM	200m Men's Masters Championship Trials	
2:42 PM	200m Women's Masters Championship Trials	
2:54 PM	200m Men's Elite Trials Club Championship Event	22.15
3:12 PM	200m Women's Elite Trials Club Championship Event	24.15
3:30 PM	200m Men's Open	Club Championship Event
3:48 PM	200m Women's Open	Club Championship Event
4:06 PM	200m Men's Masters Championship Final	If less than 8 athletes, we'll run Final here
4:09 PM	200m Women's Masters Championship Final	If less than 8 athletes, we'll run Final here
4:12 PM	200m Men's Elite Final	Club Championship Event
4:15 PM	200m Women's Elite Final	Club Championship Event
4:18 PM	200m Boys' Youth	
4:30 PM	200m Girls' Youth	
4:42 PM	200m Boys' HS Open	Open
4:54 PM	200m Girls' HS Open	Open
5:06 PM	1600m Boys' Youth	
5:14 PM	1600m Girls' Youth	
5:22 PM	1600m Boys' HS Open	Open
5:43 PM	1600m Girls' HS Open	Open
6:04 PM	3200m Boys' HS Emerging Elite	10:22
6:19 PM	3200m Boys' HS Freshman/ Sophomore Championships	Open
6:34 PM	3200m Boys' HS Championships	9:30
6:46 PM	3200m Girls' HS Emerging Elite	12:00
7:01 PM	3200m Girls' HS Freshman/ Sophomore Championships	Open
7:16 PM	3200m Girls' HS Championships	11:10
7:31 PM	4x100 Open Relay	Open



# Sunday, June 26th

## Field Events

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Time	Event	Standard
1:00 PM	Long Jump: Boys' HS Championship	21-0
	Long Jump: Boys' Emerging Elite to follow	18-8
	Long Jump: Girls' HS Championship to follow	18-0
	Long Jump: Girls' Emerging Elite to follow	14-8
	Long Jump: Boys' Freshman Championship to follow	Open
	Long Jump: Girls' Freshman Championship to follow	Open
	Long Jump: Boys' Sophomore Championship to follow	Open
	Long Jump: Girls' Sophomore Championship to follow	Open
	Long Jump: Men's Olympic Development to follow	Club Championship Event
	Long Jump: Women's Olympic Development to follow	Club Championship Event
1:00 PM	Discus: Boys' HS Open	Open
	Discus: Girls' HS Open to follow	Open
	Discus: Boys' HS Championship to follow	151'
	Discus: Girls' HS Championship to follow	117'
	Discus: Men's Olympic Development to follow	Club Championship Event
	Discus: Women's Olympic Development to follow	Club Championship Event
1:00 PM	Javelin: Boys' HS Open	
	Javelin: Girls' HS Open to follow	
	Javelin: Boys' HS Championship to follow	160'
	Javelin: Girls' HS Championship to follow	120'
	Javelin: Men's Olympic Development to follow	Club Championship Event
	Javelin: Women's Olympic Development to follow	Club Championship Event